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Mt. Langley Ascent via Regular Route

Summer Ascent of the 9th Highest Peak in California

Eastern Sierra Nevada, Lone Pine, CA



General Description: A guided backpack and climb of Mt. Langley via the Regular Route (class 2-3) from New Army Pass. This hike a great way to explore the Southern Sierra Nevada plus climb the 10th highest mountain in California. This is a great climb for the beginning mountaineer or intermediate backpacker who wants to climb a peak with fantastic views of the Sierra Nevada backcountry. Our route takes us on a hike into the Southern Sierra Backpack over Cottonwood pass to Rock Creek Canyon and then back over New Army with climb of Mt. Langley. Using the regular route up Mount Langley which involves rock scrambling, cross-country hiking, and a short bit of roped climbing. It can be accomplished by anyone in good to excellent physical condition and who has basic backpacking skills. We will teach you the techniques you need to know to safety ascent Mt. Langley 14,022 ft. Give us a call if you have any questions.

Location: Cottonwood Pass to New Army Pass, Mt. Langley, Horseshoe Meadows, Eastern Sierra Nevada.

Itinerary: After meeting in our Lone Pine Office for a pack check, we will drive 30 minutes to the trailhead to Golden Trout Lakes in Horseshoe Meadows at 10,000 ft in elevation. We will hike the first day to Long Lake and make our first camp. Along the hike we'll be instructing, holding informal lectures, and preparing you for the upcoming backpacking and climbing. Day two begins with a hike up New Army Pass before we climb Mt. Langley then descend back to New Army Pass and camp. On the final day, we hike back to the trailhead at Horseshoe Meadows.

PLEASE NOTE - This is a best-case scenario. This itinerary is subject to change at the guide's discretion and is dependent on mountain conditions, group experience/expectations, and other factors we cannot anticipate.

Food: Breakfasts, dinners, and hot beverages are provided while on the mountain. We will have a variety of options available, however, we cannot guarantee specific choices of flavors or meals. If you have a favorite breakfast or dinner that only requires hot water, we encourage you to bring it. Make sure to bring your own favorite, high-calorie, high-carbohydrate lunches, and snacks. Examples: bagels, cheese, dried fruit, trail mix, Clif bars, chocolate, etc. Note: you will need approximately 200-300 calories per hour (7-9 hours on summit day alone).

Level: Beginner to Intermediate. Participants should be in **good to excellent** physical condition. No previous mountaineering experience is required, but some experience in backpacking, rock climbing, or mountaineering is helpful.

Includes: Professional instruction/guide, breakfast(s), dinner(s), helmets, group-safety equipment, group camping equipment including tents and stoves, permits, and permit fees including Mt. Langley permit reservations fees. For more details about equipment please see our equipment list for this course.